

SOUL NOTES

A Women's Guide to Empowerment *Reclaiming Your Confidence, Voice, and Inner Power*



A Collaborative Book Project Curated by Charleen M. Michel, Ph.D.

Every woman carries a story that has shaped who she has become. And within that story is wisdom another woman may need to hear.

Soul Notes brings together a carefully curated circle of women whose lived experiences have matured into wisdom.

Each woman shares a personal story, a practice or perspective that supported her journey, and a *Soul Note*—the wisdom she now knows because she lived it.

What wisdom might your story offer another woman?



AN INVITATION TO BECOME A CO-AUTHOR

I am inviting women with meaningful lived experience, a distinctive voice, and wisdom that can serve others to become part of *Soul Notes*.

You do not need to consider yourself a writer.

You need a story that matters.

Your 2,500–3,000-word chapter follows the Soul Notes™ Method:



THE STORY – What you lived
A personal experience that changed, challenged, or awakened something within you.



THE PRACTICE – What supported you
A practice, tool, perspective, or embodied experience that helped you on your journey.



THE SOUL NOTE – The wisdom that emerged
The essential wisdom that emerged—the truth you now know because you lived it.



THE REFLECTION – An invitation for the reader
An invitation for the reader to pause, look within, and explore how this wisdom may speak to her own life.



YOUR AUTHOR EXPERIENCE

- ♥ Start-to-finish guidance and coaching
- ♥ Professional editing and publishing
- ♥ Global book distribution
- ♥ Marketing and visibility support
- ♥ Connection with an inspiring international circle of women
- ♥ Bi-weekly Soul Notes Gatherings

IN COLLABORATION WITH



**BRAVE HEALER
PUBLISHING**

experience what's possible



INVESTMENT \$1,888 USD

Flexible payment options
Affiliate referral program
and limited scholarships
available.



KEY DATES

Author Selection through Oct. 20, 2026
Author Kickoff Nov. 3, 2026
Chapter Due Nov. 24, 2026
Book Launch March 2, 2027



ABOUT CHARLEEN

Charleen M. Michel, Ph.D. is an author, mentor, and curator of embodied wisdom. Through *Wisdom Unleashed* and *Soul Notes*, she helps women transform lived experience into wisdom, authentic voice, and inner power.

IS THERE A SOUL NOTE WITHIN YOU?



LEARN MORE
[www.wisdomunleashed.ch/
soul-notes](http://www.wisdomunleashed.ch/soul-notes)



APPLY TO BECOME
A CO-AUTHOR
[www.lauradifranco.com/
soul-notes](http://www.lauradifranco.com/soul-notes)



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Open Your Heart. ♥ Listen to Your Soul. ♥ Trust the Wisdom Within. ♥ Nurture What is Alive.

