

Soul Notes
A Women's Guide to Empowerment

**Co-Author
Information Guide**

***Share Your Story
Reclaim Your Voice
Inspire Confidence
Be Seen in Community***

www.wisdomunleashed.ch

A NOTE FROM CHARLEEN

I'm honored to welcome you to be a co-author in *Soul Notes: A Women's Guide to Empowerment — Reclaiming Confidence, Voice, and Inner Power*.

This isn't simply a publishing opportunity. It's an invitation into visibility, integration, and aligned leadership.

If you're here, something within you is already discerning. Your lived experience has shaped you. What once felt uncertain has matured into clarity. And now there may be a quiet readiness to articulate what you know — not from theory, but from having lived it.

I began my collaborative publishing journey in 2023 with Brave Healer Productions. Before that, I wrote for decades in academic and corporate environments, where structure and precision were essential. What I hadn't yet embraced was writing from within — allowing lived experience to move through the body before finding its voice.

I've contributed to four best-selling books: *The Life-Changing Power of Self-Love*, *Sacred Spaces: Subtle Shifts for Mind, Body, and Home*, *Expressive Arts: The Power of Creativity to Heal*, and *Brave Kids: Short Stories to Inspire Our Future World Changers*.

Each chapter required presence more than skill. There were moments when I paused mid-sentence, stepped away to breathe, and returned only when the truth felt steady. In that process, my voice grew clearer. My confidence grew stronger.

These experiences expanded my visibility. The deeper shift came when my inner voice and outer expression moved into alignment. That alignment is power — grounded, graceful, and quietly confident.



After contributing to several projects, I felt a call to lead. *Soul Notes* holds professional structure and editorial excellence — and it honors discernment and grace.

At its heart, this project recognizes confidence is earned through lived experience, voice strengthens when it's used, and inner authority grows when we trust what we know.

As Brené Brown writes in *Daring to Lead*, "Courage starts with showing up and letting ourselves be seen."

Showing up doesn't mean performing. It means standing in clarity. When a woman shares her story with courage and discernment, it becomes nourishment — for the reader and for herself.

Soul Notes is a space for stories shaped into wisdom. If you feel steady reading this — not rushed, not persuaded — I welcome the conversation.

When a woman trusts her inner authority, she doesn't wait to be invited. She steps forward. As Mel Robbins reminds us, "You are one decision away from a completely different life."

Should this be your moment, I'll meet you there.

— Charleen



Soul Notes: A Women's Guide to Empowerment Reclaiming Your Confidence, Voice, and Inner Power

Project Overview

Empowerment is expressed in many forms.
Confidence is cultivated in uniquely personal ways.
Voice emerges through lived experience.
Inner authority grows from the journeys that shape us.

Soul Notes brings together a carefully curated circle of co-authors — women whose experiences have matured into embodied wisdom.

Each collaborative co-author shares:

- A personal story of transformation, healing, or profound insight (up to 3,000 words)
- An embodied practice, tool, meditation, or integrative framework
- A distilled “Soul Note” — the essence of what she now knows
- Plus a professional bio (up to 300 words) and curated links, allowing readers to connect more deeply with the woman behind the wisdom.

While many empowerment books focus solely on what to do, Soul Notes offers what readers truly crave:

- The lived story.
- The embodied process.
- The practical application.
- One clear Soul Note.

This isn't abstract inspiration. It's wisdom earned.

When choosing a publishing partner for Soul Notes, I was intentional. This project carries women's lived wisdom — it required both heart and rigor. That's why I chose to collaborate with Brave Healer Productions and its founder, Laura Di Franco.

Laura brings editorial excellence, strategic structure, and profound respect for each author's voice. Her collaborative publishing model honors both professional standards and personal sovereignty — ensuring every story is held with integrity and positioned for meaningful impact.



Soul Notes: A Women's Guide to Empowerment Reclaiming Your Confidence, Voice, and Inner Power

The Soul Notes Mission

- To elevate women's lived experience as a source of authority
- To inspire confidence through real stories of integration
- To highlight each co-author as a credible, embodied leader
- To create a platform for visibility, amplification, and collaboration
- To bridge intellect and intuition in modern leadership

Soul Notes is both a book and a positioning platform.

It honors depth while elevating presence.

The Reader's Journey

Readers of Soul Notes will:

- Be moved by authentic stories of transformation
- Recognize themselves in moments of doubt, courage, and awakening
- Learn practical tools to integrate into daily life
- Discover embodied practices that cultivate confidence and clarity
- Connect with authors whose work resonates deeply
- Feel steadied, inspired, and empowered to trust their own voice
- Be inspired by a soul note.

This isn't passive reading.

It's reflective engagement.

Each chapter invites the reader with both insight and wisdom so they can take action.



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The Soul Notes Co-Author

A woman ready to share her lived wisdom with clarity, authenticity, and integrity. She:

- Has moved through meaningful transformation
- Has reflected deeply and integrated what she has lived
- Values discernment, structure, and professional excellence
- Honors commitment, timelines, and shared responsibility
- Feels genuinely ready for visible authorship

Many are coaches, mentors, therapists, practitioners, executives, educators, or emerging thought leaders.

She writes from reflection, embodiment, and earned wisdom.

A Featured Co-Author Personally Gains:

- **Clarity:** You see your story differently — not just what happened, but what it shaped in you.
- **Integration:** Experiences move from memory to meaning. Fragmentation becomes coherence.
- **Self-Trust:** Articulating your lived wisdom strengthens your inner authority. You stand in what you know.
- **Completion:** Finishing and publishing your chapter creates powerful momentum. You experience yourself as someone who follows through.
- **Being Witnessed:** Your story is received with care and professionalism. You are not exposed — you are honored and celebrated.
- **Quiet, Sovereign Confidence:** Not performance. Not ego. The steady confidence that comes from telling your truth — clearly and confidently.



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Themes of the Book

Stories in Soul Notes explore different dimensions of a woman's journey. Many stories naturally touch several themes.

Awakening & Authenticity

Moments when a woman reconnects with her inner truth and begins living more authentically.

Examples include:

Authenticity • Intuition • Inner knowing • Personal awakening

Courage & Transformation

Experiences that challenge us to grow, make new choices, and step into our voice and power.

Examples include:

Courage • Boundaries • Change • Transformation • Freedom

Healing & Self-Connection

The journey of restoring balance within ourselves and cultivating compassion, self-love, and resilience.

Examples include:

Healing • Self-love • Emotional resilience • Personal growth

Leadership & Contribution

The wisdom women bring into the world through their work, their communities, and the lives they touch.

Examples include:

Leadership • Mentorship • Service • Contribution • Legacy




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**Your co-author investment for Soul Notes is:
\$1,888 USD or approx. CHF 1,500**


What are the Benefits as a Soul Notes Featured Co-Author

Becoming a co-author of Soul Notes is both a publishing opportunity and a positioning decision. It's a fully supported, professionally executed authorship experience.

 **Writing & Coaching Support** (Comparable value: \$2,500+)
Start-to-finish expert guidance using the Brave Story Medicine™ method — with structured feedback and chapter refinement.

 **Professional Publishing & Global Distribution** (Comparable value: \$5,000–\$10,000)

Full editing, formatting, award-winning cover design, and worldwide distribution via Amazon & IngramSpark — plus Audible post-launch.

 **Marketing & Business Growth** (Comparable value: \$5,000+)
Amazon bestseller launch strategy, professional media kit, and platform exposure through Brave Healer.

 **Credibility, Visibility & Monetization**

Become a bestselling author.

Purchase books at cost and keep 100% of your personal sales profit.

 **A Transformational Creative Journey**

A curated, high-integrity space to share your lived wisdom — supported emotionally and professionally.



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What Makes a Powerful Soul Notes Chapter?

Your chapter is your embodied signature. Here's what makes it resonate:

A Clear Turning Point

- What changed you?
- Where did you move from confusion to clarity, silence to voice, survival to sovereignty?

We're not seeking drama. We're seeking transformation.

Integration, Not Exposure

- Your story should feel processed and grounded.
- Move the reader from difficulty to insight to embodiment.

Emotion may surface — but clarity leads.

Specificity

- Name the experience.
- Name the shift.
- Name the lesson.

Specific stories create recognition. Recognition creates connection.

A Practical Tool

- Each chapter includes a tangible practice — a meditation, reflection, somatic exercise, ritual, leadership framework, or structured process.
- Provide a "soul note" to remember.

Inspiration is powerful. Application is transformative.

Authentic Voice

- Write in your embodied voice — not your marketing voice.
- Vulnerability is welcome. Overexposure isn't required.

Steady truth carries weight.

A Sense of Empowerment

- The reader should leave feeling steadier, seen, and capable.
- Shared wisdom reminds women they are not alone.

Soul Notes is for women who have integrated their experience and can speak from reflection and steadiness; if your story feels grounded and complete, this may be your moment.



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Timeline & Key Dates

*From Commitment to Publication.
A professionally paced, collaborative process.*

Author Recruitment Period: February – July 2026

Author Information Call: March 4, 2026

Monthly Author Gatherings: April - November 2026

Author Investment Deadline: Payment due latest by: June 30, 2026

Book Project Kick-Off: July 29, 2026

Title Due: August 3, 2026

Live Writing Support Calls: August 5, 2026 and August 12, 2026

Final Chapter Submission: August 19, 2026

Marketing and Launch Activities: August - November, 2026

- Launch Information Call: November 3, 2026
- Advanced Reader Copy (ARC): November 17, 2026
- Optional Podcast Interview Recordings: November - December, 2026

Tentative Publication and Launch Date: December 1, 2026

Authors-Only Virtual Celebration: December 8, 2026



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Some Frequently Asked Questions

What is Soul Notes?

Soul Notes is a professionally curated collaborative book for women who lead from lived experience. It is designed to elevate visibility, articulate embodied wisdom, and position each co-author with clarity and credibility.

What is the commitment?

Each author contributes a focused 3,000-word chapter within a defined writing window. Deadlines are firm to protect the integrity of the collective and the tentative December 1, 2026 publication timeline. Structure and editorial support are provided throughout the process.

Who owns the rights to my chapter?

You retain full copyright of your work. Your chapter remains your intellectual property and may be repurposed in future books, talks, programs, or content.

How does the publishing model work?

This is a professional collaborative publishing model with Brave Healer Productions. Your investment supports editorial refinement, design, production, coordinated bestseller strategy, and marketing infrastructure. Retail royalties are allocated to the lead author and publisher; co-authors may purchase books at a discounted rate for strategic use.

Will the book be marketed?

Yes. The launch includes coordinated email campaigns, social media amplification, podcast visibility, and structured bestseller positioning. Authors are encouraged to participate actively during launch week to maximize collective impact.

Is This Project Right for You?

Soul Notes is for women who have integrated their lived experience, who value structure and professional excellence, and who feel ready to step into visible authorship. And if you're uncertain — let's talk. A thoughtful conversation can bring clarity.



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A Final Reflection

Soul Notes isn't simply about publishing a chapter or an entire book.

It's about stepping forward with intention.

Claiming authorship of your lived experience.

Giving language to wisdom that's been earned.

Allowing your voice and your visibility to align.

Every woman who says yes to this project isn't "adding content."

She's contributing consciousness.

She's offering a story that has been tested, integrated, and embodied.

Your experiences are not incidental.

They shaped you, refined you, and positioned you to guide others.

When lived truth is articulated with clarity, it does more than inspire — it stabilizes, reassures, and gives language to someone else's silent knowing.

If something in you feels steady as you reach this page — not urgent, not reactive, but grounded — that steadiness matters.

We make sustainable decisions from clarity, not from pressure.

Thank you for reading with discernment and for honoring your own story enough to consider sharing it.

It'd be an honor to explore what we may articulate — and elevate — together.

— Charleen

A Gentle Invitation

If this resonates —
if your story feels integrated and ready —
then this may be your moment.
Not from urgency. From choice.

Ready to share it?

*Your story deserves to be heard.
Let's have a thoughtful conversation.*

No pressure. Only alignment.

Let's talk.

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📅 JUL 17 <https://calendly.com/charleen-michel>


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